

AUSTSWIM SOAK IT UP!

2017 QUEENSLAND
AQUATIC AQUASUMMIT

5
CECs

REGISTER
ONLINE
TODAY!



This symbol indicates that this session incorporates presenters specialising in the WETS AQUASUMMIT.



This symbol indicates that some or all of this session incorporates a water component. Please bring appropriate swimming gear for these sessions.

Speaker profiles can be viewed on our website www.austswim.com.au under the Events tab on the AUSTSWIM QLD Conference page.

CONFERENCE PACKAGE

THE PACKAGE OFFERS ONE CHOSEN SESSION FROM EACH TIME SLOT ON SUNDAY 5 MARCH 2017.

VALUE ADDED EXTRAS INCLUDE

- Online access to all Conference session notes
- AUSTSWIM Delegate Bag
- Morning tea, lunch and afternoon tea
- Certificate of Attendance
- 10 professional development hours towards AUSTSWIM Licence renewal
- 5 CEC's

PACKAGE COST \$159

FEES AND CHARGES

BOOK EARLY TO TAKE ADVANTAGE OF GREAT SAVINGS.

EARLY BIRD FEE \$144

Payment must be received prior to Mon 23 Jan 2017

STANDARD FEE \$159

Payments received from Mon 23 Jan to Thu 23 Feb 2017

RUSH FEE \$170

Payments received from Fri 24 Feb to Wed 1 Mar 2017

All AUSTSWIM Recognised Swim Centres receive great reward vouchers. Redeem now – refer to the enrolment form for details.

DELEGATE REGISTRATION	8:20AM – 8:55AM
OPENING ADDRESS – AUSTSWIM REPRESENTATIVE	9:00AM – 9:15AM
KEYNOTE	9:15AM – 10:30AM
MORNING TEA	10:30AM – 11:00AM
SESSION 1	11:00AM – 12:30PM

WATER WORX!
CHRISTINE NAYSMITH &
ROSA PALMERO



Equip yourself with skills, knowledge and attributes to successfully deliver vertical aquatic activity for absolutely every BODY. The enthusiastic WETS team promises to keep you motivated and mesmerised with movement and musicality.

This interactive session injects a variety of activities to include into your aqua workout or swimming and water safety 'fun' days. Christine and Rosa demonstrate effective and efficient activities and movement patterns that are easy to learn and very effective in both very shallow and very deep water.

This session will have you thinking outside the box and reinvigorate creativity when utilising the extremes of shallow or deep-water environments. Christine and Rosa also provide a positive platform that encourages body awareness and self-directed learning opportunities; let the water work for you!

LUNCH	12:30PM – 1:15PM
SESSION 2	1:15PM – 2:45PM

THE SENIOR MOMENT WE ARE ALL LOOKING FORWARD TO
ROSE FRASER & ROSA PALMERO



Older adults like the 3 F's; Fun, Fitness and Functionality. Successful senior classes include a huff and puff workout relative to ability, a sense of connectedness, 'good' music, no yelling, and exercises they can replicate in the water without pain.

Join the Rose and Rosa team as they share their passion and experience in marketing, programming and performance in the older adult sector. Lots of information relevant to big or small groups in big or small pools for big or small communities. Join this session and discover the magic of 'that senior moment'.

AFTERNOON TEA	2:45PM – 3:15PM
SESSION 3	3:15PM – 4:45PM

HIIT
CHRISTINE NAYSMITH & JADE HANSON



A deep water High Intensity Interval Training (HIIT) session that's appropriate for the advanced aqua or squad participant. Let a National League Water Polo Player and an International Personal Trainer show you how to develop and deliver a HIIT of a session. The H₂O properties of resistance, buoyancy and turbulence create a perfect setting in which to experience the ultimate in a HIIT group training session.

Join Christine and Jade for a session that includes cardio, strength, power, agility and even some healthy competition! Leave with drills, skills and thrills to raise HRs, fitness levels and calorie expenditure.

**REGISTRATION 2017 QUEENSLAND
AQUATIC AQUASUMMIT
SUNDAY 5 MARCH 2017**

ENROL ONLINE TODAY! AUSTSWIM.COM.AU

PLEASE COMPLETE ALL SECTIONS OF THIS FORM & POST WITH PAYMENT TO AUSTSWIM – QLD BUSINESS CENTRE, PO BOX 631, CAPALABA QLD 4157 OR FAX (07) 3905 1840. FOR ENQUIRIES PLEASE CALL 1300 885 666 OR (07) 3245 3595. **REGISTRATIONS CLOSE WEDNESDAY 1 MARCH 2017.**

First Name	Surname		
Address		State	Postcode
Home Ph	Work Ph	Mobile	
Email		AUSTSWIM No.	
Special Dietary Requirements? Yes <input type="checkbox"/> No <input type="checkbox"/>	(Please Specify)		
Medical Conditions? Yes <input type="checkbox"/> No <input type="checkbox"/>	(Please Specify)		
Emergency Contact		Phone	
Organisation/Employer			

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PACKAGE SELECTION (PRICES INC. GST)	PRICE	TICK
Administration Fee Note: no fee for online registrations completed via www.austswim.com.au	\$3.50	
Conference Registration – Early Bird – Payment received prior to 23 January 2017	\$144.00	
Conference Registration – Standard Registrations – Payments received from 23 January 2017 to 23 February 2017	\$159.00	
Conference Registration – Rush Fee – Payments from 24 February 2017	\$170.00	
Conference Registration – AUSTSWIM Recognised Swim Centres Note: No further discounts apply and administration fee is not applicable. Discount voucher must be attached to enrolment form to receive eligible discount price.		
Gold Recognised Swim Centre – Complimentary	FREE	
Silver Recognised Swim Centre – 50% off	\$79.50	
Bronze Recognised Swim Centre – 25% off	\$119.25	
CPR Update	\$45.00	
WETS Aqua Instructor Course	\$599.00	
WETS Aqua Instructor Course – AUSTSWIM Recognised Swim Centres Note: No further discounts apply. Discount voucher must be attached to enrolment form to receive eligible discount price.		
Gold or Silver Recognised Swim Centre – 20% off	\$479.20	
Bronze Recognised Swim Centre – 10% off	\$539.10	
Making Aquatics A Terrific Experience Seminar (MATE)	\$77.00	
Aquatic Service Officer (ASO) Course	\$199.00	
Aquatic Service Officer (ASO) Course – AUSTSWIM Recognised Swim Centres Note: No further discounts apply. Discount voucher must be attached to enrolment form to receive eligible discount price.		
Gold or Silver Recognised Swim Centre – 20% off	\$159.20	
Bronze Recognised Swim Centre – 10% off	\$179.10	
Total Payable		

PAYMENT DETAILS (PLEASE PRINT)

BY CHEQUE – Enclosed is a cheque for the amount of AUD \$ _____
Made payable to AUSTSWIM Ltd (ABN 72 515 751 227)

BY PURCHASE ORDER* – Enclosed is an approved purchase order
For the amount of AUD \$ _____

BY CREDIT CARD – Please debit my VISA or Mastercard
For the amount of AUD \$ _____

Cardholder's Name: _____

Card Number: _____ Expiry: _____ CCV: _____

Signed: _____ Date: _____

TERMS & CONDITIONS Due to accounting and administration costs, the following policy will be strictly adhered to: Applications for refund and session transfer must be given in writing and received at the AUSTSWIM – QLD Business Centre no later than Friday 24 February 2017. Delegates who do not attend will be provided a refund if a medical certificate is provided. AUSTSWIM – QLD Business Centre must be provided with a medical certificate in writing prior to Monday 13 March 2017. All refunds will incur a 25% administration charge. The registration is non-transferable and may not be transferred to other AUSTSWIM products or services. All registrations will receive a confirmation letter and tax invoice within seven days of receipt.

I DECLARE THAT THE INFORMATION INCLUDED IN THIS REGISTRATION FORM IS TRUE AND CORRECT AND I ACKNOWLEDGE OR AM AWARE AND ACCEPT: The terms and conditions of this registration outlined by AUSTSWIM at www.austswim.com.au. That photographs and electronic images may be taken of me by AUSTSWIM during my attendance and participation at the Conference. Such photographs and electronic images are owned by AUSTSWIM and may be used by AUSTSWIM for promotional or other purposes without consent being obtained. I must advise AUSTSWIM in writing by Monday 27 February 2017 if I do not consent to the photographs and electronic images being used for such purposes. Conference sessions cannot be videoed or recorded.

Signed: _____ Date: _____

* Option available for businesses only



Phone 07 3245 3595 or 1300 885 666
qld@austswim.com.au austswim.com.au

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