



## MEDIA RELEASE

### RE: Justin thrives in aquatic environments

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#### AUSTSWIM LIMITED

The Australasian Council for the Teaching  
of Swimming and Water Safety  
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Helping people is in Justin Teece's DNA.

After joining the Australian Army in 2005 when he left school Justin did two tours of duty in East Timor as part of Australia's peace-keeping mission.

By 2008, the young man decided he wanted to "change it up" and left the Army to work with sports festival company USM Events, where he was heavily involved in triathalons and particularly working with youngsters competing in the events.

"Their level of swimming ability was really a bit scary," Justin said. "Although I had seen some scary things in the Army too.

"I had always had a passion for swimming but it wasn't until close to the end of my time with USM in 2011 that the opportunity came up to do the AUSTSWIM Teacher of Swimming and Water Safety training."

He has also gained the Teacher of Competitive Strokes and AUSTSWIM Assessor Accreditation, and is currently finishing the AUSTSWIM Infant and Preschool Aquatics Accreditation.

Now in his third year of a paramedic degree at Queensland's University of the Sunshine Coast, his AUSTSWIM training has set him up for the perfect part-time job at Swimfit Buderim.

Teaching three to 10-year-olds, Justin said it was a job he loved.

"Every day I get some sort of fulfilment – a kid putting their head up in the water for the first time is amazing to see. You are setting them up for an active lifestyle for the rest of their lives. It's a skill for life and you're sharing that with them. That's what I love."

Justin fits in 15-20 hours of work a week at the pool around his full-time study and another first aid job. It's no wonder the 28-year-old doesn't yet have any children of his own.

And his message to anyone thinking about becoming a swimming and water safety teacher: "Give it a try."

AUSTSWIM, which (in a world-first) has recently gained ISO 17024 accreditation for its teacher training programs, provides the only fully integrated and internationally accredited swimming/water safety training in Australia.

For more information about AUSTSWIM and its courses, go to [austswim.com.au](http://austswim.com.au)

### Teaching is a skill for life

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