

**AUSTSWIM LEARNING PILLARS –
A FRAMEWORK CLEARLY DEFINING
THE VALUE OF SWIMMING AND WATER
SAFETY EDUCATION.**

Parents can use AUSTSWIM Learning Pillars for assessing and selecting a quality program for their children, where knowledge, skill and understanding forms a central focus for learning.

KNOWLEDGE

Water awareness and familiarity gained by experience & education.

SKILL

The learned ability to successfully participate in water activities.

UNDERSTANDING

Gaining insight and good judgement in & around aquatic locations.



Visit the AUSTSWIM parents page at austswim.com.au to:

- > answer your Frequently Asked Questions,
- > locate an AUSTSWIM Recognised Centre,
- > learn about industry guidelines and
- > claim from your health benefit fund.

AUSTSWIM IS PROUDLY SUPPORTED BY



AUSTSWIM Head Office
PO Box 139, Mulgrave VIC 3170
Phone 1300 885 529
AUSTSWIM Business Centres
TOLL FREE 1300 885 666
www.austswim.com.au



LEARN

WATER SAFETY
AND SWIMMING
A SKILL FOR LIFE



Your child deserves the best, ask for an accredited AUSTSWIM Teacher™.

TOLL FREE 1300 885 666
www.austswim.com.au



AUSTSWIM TEACHERS

Nurture, motivate and extend
water safety knowledge and skill.

Present opportunity for challenged thinking
and decision making.

Model, teach and support the
learning journey.



AQUATIC ACTIVITIES

AUSTSWIM TEACHERS
ENCOURAGE ACTIVITIES:

Where everyone's involved.

That simulate open water, rivers, surf and lakes.

That maximise a range of body positions.

AUSTSWIM CURRICULUM

AUSTSWIM RECOMMENDS A
PROGRAM THAT ENCOMPASSES:

THINKING – inquiry and solution.

EXPLORING – diversity in aquatic environments.

DEVELOPING – water safety skill
with swimming strokes.

DOING – move in a range of body
positions through water.

